



The Alchemy of Chi

AN EXPERT IN A BRANCH OF FENG SHUI SAYS SHE CAN TRANSFORM LIVES AND FORTUNES THROUGH THE METAPHYSICAL SPRING CLEANING OF BAD ENERGY, THUS MAKING ROOM FOR THE GOOD AND THE NEW

BY BAMBAM MENDOZA
PHOTOGRAPHS BY EMILIO ESGUERRA

FENG SHUI is so popular in this country that we've even made a movie about it.

Most people don't know however that there is a specialized branch of feng shui called space clearing. If feng shui works on the physical attributes of a space, such as placement or color, space clearing works on the metaphysical level, where the existing

chi of a space is changed or redirected in a certain way. This is what Tracey Stanton of Red Alchemy is bringing to Manila. "If you make space for it," Tracey says, "abundance will come."

On top of practicing feng shui and clutter management, Stanton brings space clearing into the picture. It is a combination of different cleansing

and balancing rituals taken from a myriad of cultures, and is performed with the aid of bells, flowers and ceremonial cloths of varied colors strategically laid out according to what the client wants to manifest. The practitioner uses herself as a kind of human tuning fork, working on deeper levels to cleanse or balance the *chi* of the environment, according to the intention of the home or office owner.

Just about anyone can benefit from such expertise, be it in one's personal life or for good fortune in one's business. Using herself as an example, Tracey recounts how she cleared space for her last three partners. This year she had a feeling she would meet her potential life partner, so she literally cleared space for him in her home, and true enough she met someone who fulfilled all her expectations.

In the US, real estate agents comprise the majority of believers in space clearing. When a property is put up for sale, space clearers are

brought in to clean up the bad or inappropriate *chi* and make the space more attractive to potential buyers. Sometimes, the space is pulled off the market because the owners change their minds about vacating or selling.

Some people may find the concept hokey. But despite being an absolute cynic, I found myself getting engrossed in what Tracey was saying. She brings no formal religion into the process, so it is something that people of any creed can apply.

Tracey is by no means a New Age fanatic. She has actually led a very normal life. Growing up in Surrey, on the outskirts of London, she was one of those party people at the dawn of the rave era, during her days as a television executive in Singapore. Then she began to seek something deeper and more meaningful in her life. This was when she met Karen Kingston, the pioneering force of space clearing. Under Karen's tutelage, Tracey has become the only space-clearing practitioner in the Asia/Australia region, one

among 12 in the whole world.

Tracey likes to create spaces that inspire individuals to expand as a whole person. Inspiration and passion are key to creating a balanced environment. People have had extreme reactions to the clearing of their spaces; their psyches end up letting go of things that are stuck in their subconscious as well as in their physical environment.

The feeling of vibrancy in the air is almost immediate after this metaphysical spring cleaning of sorts. Since the word "alchemy" means "to transform," and red is the color of the life force, the name of Tracey's company literally means "a catalyst for the transformation of lives." All you have to do is make space for it. ♦

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SPIRITUAL SPRING CLEANING

Using flowers, ritual cloths, candles and bells, Tracey Stanton aims to enhance the flow of *chi*.

